

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity. Additional resources on cultural and linguistic competency and information about AB1195 can be found on the UCSD CME website at <http://cme.ucsd.edu>.

Faculty Disclosure

It is the policy of the University of California, San Diego School of Medicine to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

Physician Prescribing



University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California, San Diego School of Medicine designates this live activity for a maximum of **27.00 AMA PRA Category 1 Credits™**.

Physicians should claim only credit commensurate with the extent of their participation in the activity.



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Physician Prescribing Course

Cost: \$1995.00

Telephone: 619-543-6770



Physician Prescribing Course

Designed for physicians who confront disciplinary actions from licensing boards over drug prescribing issues, or for those physicians who wish to improve their knowledge of drug pharmacology and prescribing issues.

Course objectives covered during this two and one-half day program.

At the end of this CME activity, participants should be able:

- To summarize prescribing practices based on education and illustration
- To interpret and apply the laws pertaining to medical prescribing practices
- To differentiate between and express the legal, biomedical and clinical standards of prescribing drugs
- To identify the law pertaining to prescribing controlled substances
- To recognize and effectively managing the 'difficult' patient

Needs Assessment:

This course was designed in response to numerous requests from state medical boards, hospitals, risk management groups and hospital peer review committees to address errors commonly identified in medical prescribing and teach proper prescribing practices.

Monday Course Overview:

- **Welcome and Continental Breakfast**
- **Management of Back Pain**
David Bazzo, M.D.
- **Critical Review of the Medical Literature**
David Folsom, M.D. or Dustin Lillie, M.D.
- **Principles of Pharmacokinetics and Drug Metabolism**
Lee Cantrell, Pharm. D., DABAT
- **Pharmacology of Sedative Hypnotics**
Lee Cantrell, Pharm. D., DABAT
- **Adherence in the Treatment of High-Risk Patients**
Robert Weibert, Pharm. D.
- **Pharmacologic Management of Pain: Barriers to Success**
Farshad Ahadian, M.D.
- **Pharmacologic Management of Pain: Strategies for Success**
Farshad Ahadian, M.D.
- **Dealing with the Demanding Patient, the Seductive Patient, and the Manipulative Patient**
Margaret McCahill, M.D.
- **Evening: Independent Study (2.0 hours)**
Open Book Exam
- **Prescribing Laws of California and California Medical Board Guidelines**
Suraj Achar, M.D.
- **Open Book Exam Materials and Instruction**

Tuesday Course Overview:

- **Management of Headache**
David Bazzo, M.D.
- **Prescribing Laws for Physicians**
Suraj Achar, M.D.
- **Guidelines on Prescribing for Chronic Pain**
Suraj Achar, M.D.
- **Fibromyalgia**
Suraj Achar, M.D.
- **Drug Interactions**
Robert Weibert, Pharm.D.
- **Clinical and Pharmacological aspects of ADD**
Kai MacDonald, M.D.
- **How addictions hijack the brain**
Kai MacDonald, M.D.
- **Evening: Independent Study (2.0 hours)** *Open Book Exam*

Wednesday Course Overview:

- **Recipe for Personality Soup: Start with Boundaries, Mix in Sage, and Simmer Gently.**
Margaret McCahill, M.D.
- **General Case Discussion** *Margaret McCahill, M.D.*
- **Review of Open Book Examination**
Tyson Ikeda, M.D.
- **Review and Evaluation of Physician Prescribing Course, Post-Test and Course Conclusion**